

EUROPEAN CONSENSUS REPORT

THE

BURDEN

OF ATOPIC ECZEMA



European Federation of Allergy and Airways  
Diseases Patients' Associations

# #AtopicEczemaBurden

Atopic dermatitis/eczema (AD/E) is considered the most common inflammatory skin disease, affecting up to 20% of children and adolescents worldwide. In Europe, its prevalence has steadily increased over the last four decades.

## THE ATOPIC ECZEMA CONSENSUS EUROPE PROJECT

Despite its prevalence, AD/E is poorly understood by many, limiting progress in improving quality-of-life. The European Federation of Allergies and Airways Diseases Patients' Associations (EFA) ran a consensus project in 2022 to change this precarious situation and recognise that AD/E is a complex chronic disease, for which patients require long-term treatment and multidisciplinary care to cope with it.

## THE CONSENSUS COMMITTEE EUROPE

The Consensus Committee was formed by 15 key opinion leaders in the field of AD/E in a diverse and representative group, including dermatologists, psychologists, dieticians, nurses, paediatricians, GPs and, crucially, patients and carers.

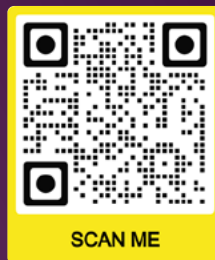
Together, they reviewed the burden of AD/E through literature and best practices, discussed practical solutions and listened to one another's experiences. The results of their consensus is what created the report.

## THE CONSENSUS EUROPE REPORT

The Consensus Report is an evidence-based report, which combines science with storytelling. It reflects the true burden of the disease and sets out a clear path for making sustainable changes in our healthcare systems.

At EFA, we hope this report can be a tool for all stakeholders, including patients and healthcare professionals, to advocate for access to services and to enhance the quality of care available to the AD/E community in Europe.

## DOWNLOAD THE EUROPEAN CONSENSUS REPORT ON AD/E NOW



European Federation of Allergy and Airways  
Diseases Patients' Associations

European Federation of Allergy and Airways Diseases Patients' Associations (EFA)  
35 Rue du Congrès • 1000 Brussels  
+32 (0)2 227 2712 • [info@efanet.org](mailto:info@efanet.org) • [www.efanet.org](http://www.efanet.org)  
EU Transparency Register Identification Number: 28473847513 - 94