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# How is EFA doing?

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Diseases Patient's Association (EFA)  
[www.efanet.org](http://www.efanet.org)



# GA<sup>2</sup>LEN

**2004 GA<sup>2</sup>LEN launch**



**Network of excellence**



**Promise**



# Patients and GA<sup>2</sup>LEN

**evaluated**  
**Flow of** ⇒ **reliable**  
**reviewed** } *findings*

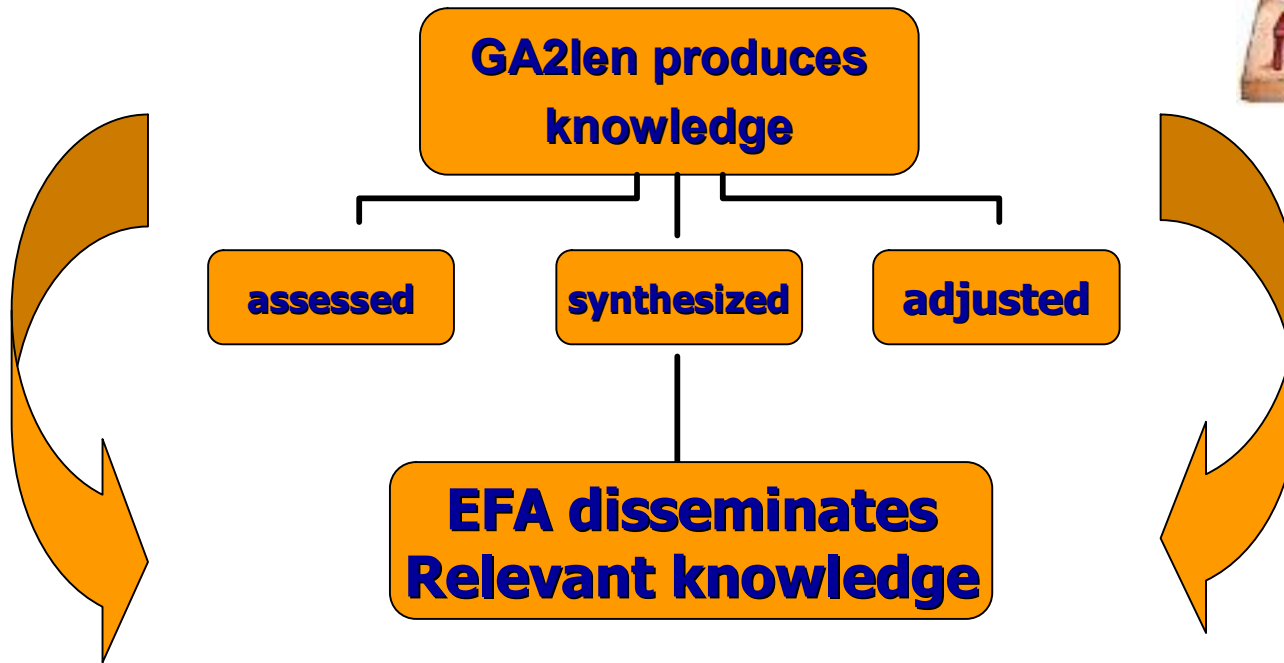
**+ uncertainties**

**Current research and availability of  
results**



# EFA and GA<sup>2</sup>LEN

## Bidirectional relationship





# Dissemination

- Clear and simple language
- Internet
- Printed information



# EFA – GA<sup>2</sup>LEN

- WS (1rst) EFA – GA<sup>2</sup>LEN Athens
- WP 2.8.1 ⇒ Clinical Care and Quality of Life
- WS Berlin (GA<sup>2</sup>LEN annual conf)
- WS EC-FP7
- WS London (GA<sup>2</sup>LEN annual conf)



## **WP 2.8.1**

### **Clinical Care and Quality of life**

- Questionnaire mailed to 43 Institutions (18 non – GA2LEN centres) in 35 countries
- 33/43 Institutions responded (76.7% response rate)
- When analysed by country  
26/35 countries replied (74.2% response rate)



# Information requested

- Who cares for those with asthma, allergic dermatitis, and rhinitis in their institution/country?
- What was the involvement of primary care/nursing colleagues?
- How was patient education delivered and what was the availability of patient support organisations?
- Which guidelines were available and what was their profile?
- Details regarding health system and medicine availability



# Future studies

- As Self care is the basis of successful management of most long term conditions, further study of the relative merits of individual versus group education would appear to be desirable.



# WS EC - FP7

- Brussels 12 March
- Present our needs
  - Primary prevention
  - Patient education
  - Cause and effective treatment of exacerbation attacks



# EFA – GA<sup>2</sup>LEN

WS in Berlin  
(April 2006)

the beginning of the  
*"does rhinitis lead to asthma"*  
campaign



# Rhinitis and Asthma

- Explore all aspects
- Discover any possible links
- Lead to a better understanding and better treatment



# Rhinitis and Asthma

- Patients with asthma manifest rhinitis  $\Rightarrow$  100%
- Patients with rhinitis also suffer from asthma  $\Rightarrow$  40%
- Children  $\Rightarrow$  underdiagnosed due to viral diseases

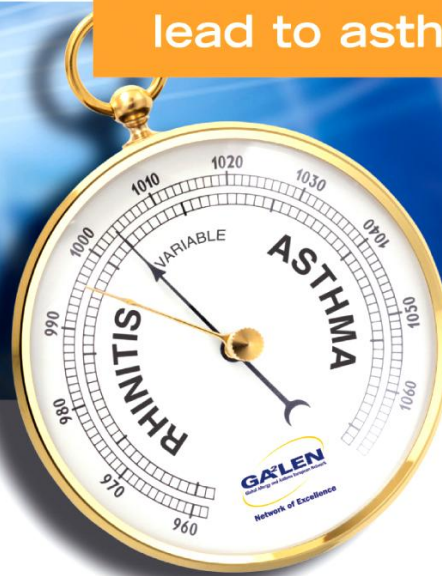


# Structure of campaign

- Scientific review paper
- Brochures

Does rhinitis

lead to asthma?



Role of the primary care physicians



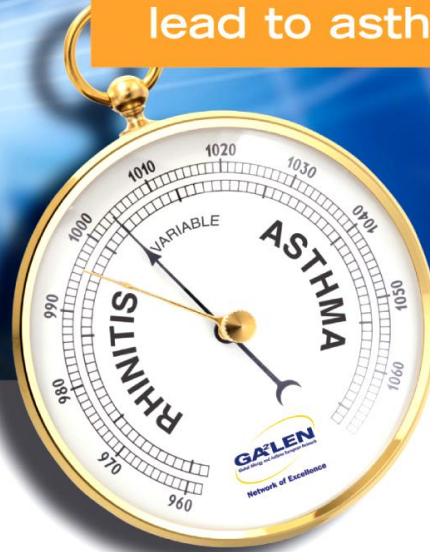
# GP Brochure

- Awareness of the relationship
- “Continuous education”  $\Rightarrow$  guide to facilitate recognition of symptoms

**Patient education**

**Does rhinitis**

**lead to asthma?**



PATIENT LEAFLET

**Does sneezing lead to wheezing?**

What allergic patients should know about the link between allergic rhinitis and asthma



**Network of Excellence**



# Patient Brochure

- Shows importance to recognize symptoms of ⇒
  - Rhinitis
  - Asthma
- Tests and treatment
- Prevention



# Europe is unique

- Multilingual

- Multicultural

respect each  
country

# THE PERFECT EUROPEAN SHOULD BE...



COOKING...



...LIKE A BRIT

DRIVING...



...LIKE THE FRENCH

AVAILABLE...



...AS A BELGIAN

TALKATIVE...



...AS A FINN

HUMOROUS...



...AS A GERMAN

TECHNICAL...



...AS A PORTUGUESE

FLEXIBLE...

...AS A SWEDE



FAMOUS...



...AS A LUXEMBOURGER



CONTROLLED...



...AS AN ITALIAN

SOBER...



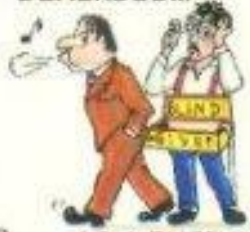
...AS THE IRISH

HUMBLE...



...AS A SPANIARD

GENEROUS...



...AS A DUTCHMAN

PATIENT...AS AN AUSTRIAN



ORGANISED...AS A GREEK

DISCREET...

...AS A DANE





**Translations**



**Dissemination**



**Thank you**

