Summary

Italian asthma and COPD patients are generally satisfied with the diagnosis process. A low percentage of patients are dissatisfied with the public authorities and a majority have written management plans. However, very few if any asthma patients use self-management support tools, while a higher percentage of COPD patients feel that their social life suffers due to the disease versus overall national averages.

<table>
<thead>
<tr>
<th></th>
<th>Asthma</th>
<th>COPD</th>
<th>Prevention</th>
<th>Empowerment</th>
</tr>
</thead>
<tbody>
<tr>
<td>% satisfied</td>
<td>82%</td>
<td>26%</td>
<td>62%</td>
<td>26%</td>
</tr>
<tr>
<td>% dissatisfied with diagnosis</td>
<td>18%</td>
<td>74%</td>
<td>38%</td>
<td>74%</td>
</tr>
<tr>
<td>% with written management plan</td>
<td>90%</td>
<td>50%</td>
<td>62%</td>
<td>90%</td>
</tr>
<tr>
<td>% using self-management tools</td>
<td>0%</td>
<td>26%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>% of patients feel their social life suffers</td>
<td>5%</td>
<td>26%</td>
<td>9%</td>
<td>65%</td>
</tr>
</tbody>
</table>

Active Patient ACCESS Report

country fact sheet: Italy

What is the ACCESS report?
EFA conducted a survey of 700+ participants in seven countries of patients with asthma, patients with COPD and perceptions in prevention and patient empowerment. This country fact sheet represents further examination of highlights or noted deviations from overall averages.

ASTHMA
Care:
- Nearly 0% use self-management support tools (like e/m health)
- SABA used less compared to average (45% vs. 62% overall)
- Spirometry (62% vs. 79% overall), laboratory tests (42% vs. 63% overall), X-ray or CT scan (40% vs. 50% overall), flu vaccination (38% vs. 49% overall), (36% vs. 46% overall) used less than overall averages

Perception
- Only 10% (vs. 34% overall) believe comorbidities influence therapy

COPD
Care:
- LABA is the main medication and used more than SABA (60% vs. 55% overall)
- Services used:
  - Flu vaccination: 66% (vs. 53% overall)
  - Pneumococcus vaccination: 53% (vs. 37% overall)
  - Oxygen: 44% (vs. 33% overall)

Perception
- Only 11% (vs 28% overall average) believe comorbidities influence therapy
- 60% feel that their social life suffers due to the disease (vs. 45% overall)

PREVENTION
- Asthma and COPD action plans are promoted more by public authority more when compared to other countries (39% vs. 29% overall)

EMPOWERMENT
- 70% (vs. 54% overall) receive training on how to inhale from time to time
- Pulmonologists (81%) and GPs (83%) are the main source of information
- Friends and relatives are consulted more than in other countries (53% vs. 40% overall). Allergologists (9%) vs. 20% overall) and nurses (8% vs. 20% overall) are consulted less
- Patients have lower access to specialised centres (16% vs. 29% overall)