Summary

UK asthma and COPD patients are generally satisfied with the diagnosis process. UK patients are usually less concerned about outdoor factors on their condition and are mostly satisfied with the public health authorities. Flu vaccinations are widely promoted by the public authority. Both asthma and COPD patients believe their lives are generally less affected by their conditions than their counterparts in other countries. However, UK asthma and COPD patients are generally less likely to share anonymous medical data for further studies.

Active Patient ACCESS Report
country fact sheet: United Kingdom

What is the ACCESS report? EFA conducted a survey of 700+ participants in seven countries of patients with asthma, patients with COPD and perceptions in prevention and patient empowerment. This country fact sheet represents further examination of highlights or noted deviations from overall averages.

## Structure

- **Design**
  - Testing
  - Care
  - Perception

- **PERFORMANCE**
  - Diagnosis testing
  - Care

- **PREVENTION**
  - Less concern about the impact of outdoor air pollution

- **EMPOWERMENT**
  - GP's (82%) are the main source of information - traditional media plays a much more important role than in other countries

## Highlight

- **Asthma**
  - 72% are satisfied or very satisfied with the asthma diagnosis process
  - 49% of asthma patients visit HCPs between 6 and 11 times a year
  - 71% of COPD patients have been to the emergency room within past 12 months (vs. 68% overall)
  - Flu vaccination is widely promoted by public authority
  - Physical activity is perceived as being less promoted (vs. 46% overall)

- **COPD**
  - 55% patients have written management plan (vs. 43% overall)

## Diagnosis testing

- Laboratory tests (eg AAT deficiency) more used than X-ray (69% vs. 51% overall)

## Care

- **Smoking cessation** is the most used (55%), followed by combination inhaler with steroids/LAMA corticosteroids (51%), LABA (45%) and SABA (42%)

## Prevention

- Less concern about the impact of outdoor air pollution (34% vs. 44% overall), outdoor pollutants related to transportation (29% vs. 42% overall), outdoor tobacco smoke (23% vs. 41% overall)

## Empowerment

- GP's (82%) are the main source of information - traditional media plays a much more important role than in other countries (34% vs. 43% overall)

## Treatment

- **Asthma**
  - LABA & Corticosteroids combination (33%)
  - Inhaled corticosteroids:Cortisone (29%)
  - LABA inhaler (19%)
  - SABA emergency relief (11%)

- **COPD**
  - LABA inhaler: (30%)
  - SABA (42%)
  - Inhaled steroids:Cortisone (14%)

- **Triple: LAMA, LABA & Corticosteroids** (11%)

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