

# GUIDE ASTHMA WORKSHOP

Asthma Patient Education Today and Tomorrow.  
Closing the gaps in education resources for asthma patients

**13 January, 2023**  
**15:00 – 18:00 CET - Online**

15:00 - 15:10

## WELCOME & INTRODUCTIONS

Armando Ruiz, EFA Board Member  
Simon Greaves, Harwood Levitt Consulting

## Asthma Educational Material and Patients Guidelines: take stock of the current available material for asthma patients. EFA survey Results and best practices

01

15:10 - 16:00  
(50 minutes)

We will share the findings of the survey on patient education materials and 'patient guidelines' on asthma in Europe and globally, and invite EFA members to present 3 case studies from Austria, Denmark and Finland. Participants will give feedback on the survey findings from their point of view, and on the examples.

### OBJECTIVES

- Share knowledge on existing asthma patient education resources
- Share case studies on asthma patient education materials from countries and discuss best practices

### SPEAKERS

- Valeria Ramiconi, EFA Programme Manager
- Gundula Koblmiller, Austrian Lung Union
- Betina Hjorth, Asthma-Allergy Denmark
- Mervi Puolanne, The Organisation for Respiratory Health in Finland

### MODERATOR

- Simon Greaves, Harwood Levitt Consulting

16:00 - 16:10

## Comfort Break

## WORKSHOP - Closing gaps: What patients need and how to achieve useful and accessible asthma patients guidelines?

02

16:10 - 17:10  
(60 minutes)

We will discuss the existing educational materials for asthma patients available in different countries and contexts. We will also identify what is still missing, and what information is needed and in which format for true 'patient guidelines'. During the workshop, the participants will also give feedback on the current GINA Patient guide

### OBJECTIVES

- To understand and share the additional available patient education resources for asthma patients
- To discuss the current situation of asthma patient education and the gaps
- To understand the asthma patient education needs to support self-management and care
- To provide feedback on the existing GINA Patient guide to identify areas of improvement

### MODERATOR

- Simon Greaves, Harwood Levitt Consulting

17:10 - 17:20

**Comfort Break**

## Sharing Results of workshop & agreeing next steps

03

17:20 - 18:00  
(40 minutes)

Summarise the feedback and contributions from the workshop participants on:

- Existing patients education resources
- Gaps in resources and Patients' needs
- Feedback on GINA patient guide
- Discussion and agreeing next steps.