



# 12<sup>th</sup> EFA Conference

## 5<sup>th</sup> Polish Asthma, Allergy and COPD Patients Organisations Federation Conference

25 – 28 June, Warsaw, Poland

[www.astma.waw.pl](http://www.astma.waw.pl)

Education in Allergy, Asthma and Chronic Obstructive Pulmonary Disease

## PROGRAMME

### WEDNESDAY 25 JUNE 2008

- 11:00-12:00 Press Conference
- 13:00-15:00 EFA Annual General Meeting
- 16:00-19:00 **OPENING CEREMONY**  
**WELCOME ADDRESS**  
*Anna Doboszynska, Polish Federation of Asthma, COPD and Allergy Patient Associations, President*  
*Greetings from Polish authorities (Health Minister, Representative of the Polish National Health Foundation and Representative of the Government)*
- 17:00-17:15 **INTRODUCTION**  
*Marinella Salapatras, EFA Acting President*
- 17:15-17:45 Respiratory diseases – an optimistic point of view  
*Nikos Siafakas (Greece)*
- 17:45-18:15 Does education help – and who is educating whom?  
*Marinella Salapatras, EFA Acting President*

### THURSDAY 26 JUNE 2008

#### 09:00-10:40 SESSION I: SMOKING CESSATION

- 09:00-09:25 Antismoking text and pictorial warnings and their effects  
*Florin Dumitru Mihaltan (Romania)*
- 09:25-09:50 Smoking cessation among adolescents
- 09:50-10:15 Smoking cessation in primary care – International Primary Care Respiratory Group (IPCRG) Guidelines  
*Anders Ostrem (IPCRG)*
- 10:15-10:40 Smoking cessation: new therapies  
*Dorota Górecka (Poland)*
- 10:40-11:00 Coffee break



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## 11:00-16:10 SESSION II: CHRONIC OBSTRUCTIVE PULMONARY DISEASE

- 11:00-11:30 Dealing with the problem of dyspnea in the patient's everyday life  
*Richard Hodder (Canada)*
- 11:30-12:00 Pulmonary rehabilitation  
*Nicolino Ambrosino (Italy)*
- 12:00-12:30 Progress in the treatment of COPD  
*Anna Doboszynska (Poland)*
- 12:30-13:30 Lunch

## 13:30-15:10 SESSION III: ASTHMA

- 13:30-13:55 Have we covered everything? Why is there nothing new in the treatment of asthma?  
*Neil Barnes (UK)*
- 13:55-14:20 Monitoring inflammation in asthma. Where are we now?  
*Joanna Chorostowska-Wynimko (Poland)*
- 14:20-14:45 Is asthma education and self-treatment beneficial?  
*Martyn Partridge (UK)*
- 14:45-15:10 Asthma education for children and families (PRACTALL)  
*Erkka Valovirta (EFA)*
- 15:10-15:30 Coffee break

## 15:30-17:20 SESSION IV: ALLERGY

- 15:30-15:55 Self management from hypersensitivity to anaphylaxis  
*Erna Botjes (The Netherlands)*
- 15:55-16:20 What do we know about allergy prevention in children?  
*M. Kulus (Poland)*
- 16:20-16:55 Genetically modified foods: allergy friend or foe  
*Harry Wichers (The Netherlands)*
- 16:55-17:20 Controversies and new research on prevention and management of food allergy  
*J.O. Hourihane (Ireland)*



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**09.00-10.30 SESSION V: GA<sup>2</sup>LEN GLOBAL ALLERGY AND ASTHMA EUROPEAN NETWORK OF EXCELLENCE**

- 09.00-09.30 Science News from the Network  
*Marek Kowalski (Poland)*
- 09.30-10.00 Update/results of the GA<sup>2</sup>LEN Campaign Does Rhinitis Lead to Asthma?  
*Noelie Auvergne (Belgium)*
- 10.00-10.30 Does Rhinitis Lead to Asthma? Campaign in Poland  
*Anna Doboszynska (Poland)*
- 10.30-11.00 Coffee break

**11.00-12.30 SESSION VI: ENVIRONMENT**

- 11.00-11.30 Climate change and respiratory diseases  
*Isabella Annesi-Maesano (ERS)*
- 11.30-12.00 Latest evidence on indoor air quality and Guidelines  
*Paolo Carrer (Italy)*
- 12.00-12.30 Managing allergy and asthma at school (EAACI Position Paper)  
*Antonella Muraro (Italy)*
- 12.30-14.00 Lunch

**PARALLEL SESSIONS**

**14.00-16.00 PARALLEL SESSION FOR PATIENT REPRESENTATIVES AND PATIENTS**

- 14.00-14.30 How to start from a scratch & build a patient education programme?  
*Martin Partridge (UK)*
- 14.30-15.00 This is how we built up our patient education programme (large organisation)  
*Erica Euving (Asthma Foundation, Netherlands)*
- 15.00-15.30 This is how we built up our patient education programme (small organisation)  
*Lena Kolff (Dutch Association of People with Atopic Eczema)*
- 15.30-16.00 Exchanging experiences on educational programmes (EFA members and other patient representatives)



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## 14.00-16.00 PARALLEL SESSION FOR DOCTORS

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- 14:00-14:30 Updates in COPD  
*Anna Doboszynka (Poland)*
- 14:30-15:00 Alternative treatments in pulmonology  
*Jerzy Kruszewski (Poland)*
- 15:00-15:30 Asthma genes, the use of LABAs, allergic rhinitis in asthma
- 15:30-16:00 E-learning in pulmonary education  
*W. Tomalak (Poland)*

## 14.00-16.30 PARALLEL SESSION FOR NURSES

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### CHAIR: JULIA BOTT (ERS)

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- 14:00-14:25 Pulmonary symptoms  
*Anna Prokop (Poland)*
- 14:25-14:50 Global Initiative Against Asthma GINA  
*Emilia Świetlik (Poland)*
- 14:50-15:15 Global Initiative on COPD GOLD  
*Halina Batura (Poland)*
- 15:15-15:40 Pulmonary rehabilitation and the role of allied professionals  
*Julia Bott (ERS)*
- 15:40-16:05 Food allergy  
*Monika Konieczna (Poland)*
- 16:05-16:30 EAACI Position Paper about anaphylaxis
- 16:40-16:50 Winding-up of the conference

## SATURDAY 28 JUNE 2008

EFA Board meeting

